

# TIER 1: EMPOWERMENT PACKAGE

A focused, high-impact training solution made accessible for all schools.



## LEARNER WORKSHOP OPTIONS

### Grades R – 4(Options)

1. The “Not on my watch” Anti-Bullying presentation.
2. An introduction to Online Safety
3. Child Safeguarding Presentation

### Grades 5 – 7 (Options)

- 1.The “Not on my watch” Anti-Bullying presentation.
- 2.The Prevention and Management of Drug and Alcohol Abuse, including the dangers of vaping.
- 3.Child Safeguarding workshop
- 4.Online safety workshop

### High School (Options)

- 1.Reproductive Health and Teen Sexuality (Gr 8/9)
- 2.Challenges Facing Teens – “Keeping yourself safe from dusk to dawn”. The Prevention and Management of Sexual Assault.
- 3.The “Not on my watch” Anti-Bullying presentation.
- 4.Online safety presentation
- 5.The Prevention and Management of Drug and Alcohol Abuse, including the dangers of vaping.

## STAFF DEVELOPMENT WORKSHOP OPTIONS

- 1.**Click with Caution: Online Safety for Schools.** Empowering educators to navigate the cyber world with confidence and safety.
- 2.**Child Safeguarding** – An essential workshop on the obligation to report, case management and the changes in South African law.
- 3.**Emotional First Aid for Educators** – An introduction to basic counselling and dealing with a traumatized child.
- 4.“**Bully-Proof your School**” – The “Not on My Watch” anti-bullying workshop for educators.
- 5.**The Prevention and Management of Drug and Alcohol Abuse**, including the dangers of vaping. A workshop to educate and empower staff against substance abuse.



# TIER 2: GROWTH PARTNERSHIP PACKAGE

A practical, full-day training experience that reaches both staff and learners in one impactful visit.



## LEARNER WORKSHOP OPTIONS

### Grades R – 4 (Options)

1. The “Not on my watch” Anti-Bullying presentation.
2. An introduction to Online Safety
3. Child Safeguarding Presentation

### Grades 5 – 7 (Options)

1. The “Not on my watch” Anti-Bullying presentation.
2. An introduction to Cyber Safety and the prevention of Gaming Addiction
3. The Prevention and Management of Drug and Alcohol Abuse, including the dangers of Vaping.
4. Mental Wellness – The Prevention of Learner Burnout and Dealing with Academic Stress
5. Reproductive Health and Teen Sexuality. (Grades 6/7)
6. An Introduction to Study Skills and Time Management

### High School (Options)

1. Reproductive Health and Teen Sexuality (Gr 8/9)
2. Challenges Facing Teens – “Keeping yourself safe from dusk to dawn”. The Prevention and Management of Sexual Assault.
3. The “Not on my watch” Anti-Bullying presentation.
4. An introduction to Cyber Safety and the Prevention of Gaming Addiction
5. The Prevention and Management of Drug and Alcohol Abuse, including the dangers of Vaping.
6. Mental Wellness – The Prevention of Learner Burnout and Dealing with Academic Stress
7. An Introduction to Study Skills and Time Management

## STAFF DEVELOPMENT WORKSHOP OPTIONS

1. **Click with Caution: Online Safety for Schools.** Empowering educators to navigate the cyber world with confidence and safety.
2. **There’s a Monster in my Classroom and the Staff Room** – A workshop on creating a positive discipline environment for the Z and Alpha generation.
3. **SA Teachers are Gatvol!** – A transformation from Burnt Out to Lit Up! An essential workshop on positive mental health.
4. **Child Safeguarding** – An essential workshop on the obligation to report, case management and the changes in South African law.
5. **Emotional First Aid for Educators** – An introduction to basic counselling and dealing with a traumatized child.
6. **“Bully-Proof your School!”** – The “Not on My Watch” anti-bullying workshop for educators.
7. **The Prevention and Management of Drug and Alcohol Abuse**, including the dangers of vaping. A workshop to educate and empower staff against substance abuse.

# TIER 3: WHOLE SCHOOL PACKAGE

A customized whole-school development strategy for long-term impact.



## LEARNER WORKSHOP OPTIONS

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1. The “Not on my watch” Anti-Bullying presentation.
2. An introduction to Online Safety
3. Child Safeguarding Presentation

### Grades 5 – 7 (Options)

1. The “Not on my watch” Anti-Bullying presentation.
2. An introduction to Cyber Safety and the prevention of Gaming Addiction
3. The Prevention and Management of Drug and Alcohol Abuse, including the dangers of Vaping.
4. Mental Wellness – The Prevention of Learner Burnout and Dealing with Academic Stress
5. Reproductive Health and Teen Sexuality. (Grades 6/7)
6. An Introduction to Study Skills and Time Management

### High School (Options)

1. Reproductive Health and Teen Sexuality (Gr 8/9)
2. Challenges Facing Teens – “Keeping yourself safe from dusk to dawn”. The Prevention and Management of Sexual Assault.
3. The “Not on my watch” Anti-Bullying presentation.
4. An introduction to Cyber Safety and the Prevention of Gaming Addiction
5. The Prevention and Management of Drug and Alcohol Abuse, including the dangers of Vaping.
6. Mental Wellness – The Prevention of Learner Burnout and Dealing with Academic Stress
7. An Introduction to Study Skills and Time Management

## STAFF DEVELOPMENT WORKSHOP OPTIONS

1. **Click with Caution: Online Safety for Schools.** Empowering educators to navigate the cyber world with confidence and safety.
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